

# Melinda C. Thomas, DO

General Obstetrics and Gynecology

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## PROFESSIONAL SUMMARY

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Compassionate, board-certified **OBGyn Physician** with demonstrated leadership in both civilian and military settings. Skilled in major and minor vaginal surgery as well as other minimally invasive surgical modalities. Primary C-Section rate ranks well below the national average. Skilled in mentoring and training residents.

## EDUCATION

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**Doctor of Osteopathic Medicine**, 2012

Michigan State College of Osteopathic Medicine • East Lansing, Michigan

**Flight Surgeon Air Crew Rating**, 2016

School of Aerospace Medicine • Wright Patterson AFB, Dayton, Ohio

**Bachelor of Science – Biology and Psychology**, 2005

Eastern Michigan University • Ypsilanti, Michigan

## BOARD CERTIFICATION

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American Osteopathic Board of Obstetricians and Gynecologists, 4/2018

American College of Osteopathic Obstetricians and Gynecologists (ACCOG)

## PROFESSIONAL EXPERIENCE

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**BEAUMONT OBGYN ASSOCIATES** (Private practice) • Royal Oak, Michigan

**OBGyn Physician** (3/2018-Present)

Provide care for patients with a wide range of diagnoses, including high-risk pregnancies in patients with diabetes, hypertensive spectrum, and thyroid disorders. Triage gynecologic and obstetric medical issues. Manage infertility, menstrual disorders, AUB, pelvic pain, endometriosis, and menopausal symptoms. Perform breast and pelvic exams and PAP tests. Counsel patients about contraceptive options.

- Perform in-office surgical procedures including endometrial ablation, LEEP, polyp removal, colposcopy, and tubal occlusion surgeries.
- Supervise CNMWs and NPs and train Residents.

**MICHIGAN AIR NATIONAL GUARD** • Selfridge AFB, Michigan

**Flight Surgeon-Medical Corps Officer** (2016-Present)

Examine pilots to ensure they meet FAA and USAF medical standards to fly. Ensure that OSHA standards are met in high exposure work environments. Perform annual firefighter physicals and monitor the medical readiness of over 1600 military personnel.

- HIPAA Compliance Officer.
- Aerospace Medicine Committee Administrator.
- Medical Group Customer Service Improvement Coordinator.

## PROFESSIONAL EXPERIENCE, CONTINUED

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**MATRIX PROVIDER (Medical Contractor for Military) MADIGAN ARMY MEDICAL CENTER • Tacoma, Washington**  
**OBGyn Physician (1/2017-9/2017)**

Provided gynecologic and obstetric services for active duty military personnel, their families, and retirees. Performed and interpreted cervical cancer screening, minor and major gynecologic procedures, and diagnostic/excisional procedures for cervical dysplasia.

- Supervised residents in major and minor surgical procedures. Guided residents through complicated and uncomplicated vaginal deliveries and cesarean section deliveries.
- Primary surgeon for hysterectomies, D&Cs, molar pregnancies, and C-sections.

**127<sup>th</sup> Medical Group • Selfridge, Michigan**  
**Flight Surgeon (8/2016-1/2017)**

Performed primary health assessment exams for wing members. Ensured OSHA compliance of high exposure career fields. Coordinated with wing public health to ensure food and workplace safety.

## RESIDENCY TRAINING & INTERNSHIPS

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**HENRY FORD MACOMB HOSPITAL / HENRY FORD HEALTH SYSTEM • Clinton Township, Michigan**  
**Chief Resident and Education Coordinator (7/2015-7/2016)**

- Developed a monthly education plan for residents. Selected educational textbooks, topics, and guest speakers.
- Designed a robotics training program for OBGYN residents based on AAGL and ACOG recommendations, including an evaluation system to meet national standards.
- Coordinated annual review for CREOG exams.

**Obstetrics and Gynecology Resident (6/2012-6/2016)**

- Triaged OB patients in Labor and Delivery (L&D). Performed vaginal deliveries and primary cesarean deliveries.
- Education Coordinator 2014-2015.

## MILITARY EXPERIENCE

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**MICHIGAN AIR NATIONAL GUARD • Selfridge AFB, Michigan**  
**Flight Surgeon-Medical Corps Officer, Major (2016-Present)**  
Drill Status Guardsman

## PROFESSIONAL ORGANIZATIONS & COMMITTEES

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American Osteopathic Association (AOA)  
American College of Osteopathic Obstetricians and Gynecologists (ACOOG)  
American College of Obstetrics and Gynecologists (ACOG)  
American Association of Gynecologic Laparoscopists (AAGL)  
Covenant Health Care Peer Review Committee, 2019-Present  
National Guard 127 Medical Group, Wing HIPAA Compliance Committee, 2018-Present

## AWARDS & HONORS

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Air Force Accommodation Medal, 2019  
General's Outstanding Performer, 2010  
OTS Outstanding Performer Leadership Reaction Evaluation, 2010  
Air Force Good Conduct Medal  
Air Force Achievement Medal, 2003 & 2004

## RESEARCH & PRESENTATIONS

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Senior Research Project, "Leak Rate and Patient Satisfaction in Patients with an Increased BMI after a TOT Sling" was **selected for presentation** at the Osteopathic Statewide Campus System OBGyn Research Day, 2015

Presented "USAF Transgender Policy" to Wing Command staff, 2017  
Presented "Infertility for the General Practitioner" to Internal Medicine Residents, 2016  
Presented "Hypertensive Emergency in Pregnancy" to ER Residents, 2014

## MEDICAL VOLUNTEER HISTORY

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### **Student National Medical Association**

START Mentoring Program  
MSUCOM Bone Marrow Drive  
MSUCOM and CHM Health Fair and Bone Marrow Drive

### **Communities in Medicine**

Friendship Clinic: Provided health care for underserved population of Lansing  
Black Child Health Fair  
Eastern Market Health Fair

### **Tutoring**

Anatomy: Tutored privately and as a paid department blue coat  
Microbiology

### **Karmanos Cancer Institute, 2003-2006**

Advocate Aide: Coordinated patient needs with staff